

South Carolina Department of Social Services • Child and Adult Care Food Program (CACFP)
5 DAY WEEKLY MENU FORM

2026 Menu Revision

beans		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				
Calendar Date																						
Breakfast	Fluid Milk	Milk				Milk				Milk				Milk								
	Vegetable / Fruit	Blueberries, fresh				Mandarin Oranges, fresh				Banana				Pears, sliced				Peaches, Diced				
	Grain or Meat / Meat Alternate	WG French Toast				Cheese Omelet				Cheerios				Whole Grain Biscuit				Mini bagels				
	Additional Food	Sugar free syrup												Sugar free jam				Butter				
AM Snack	Choose 2 of These 5:																					
	Fluid Milk																					
	Vegetable																					
	Fruit																					
	Grain																					
Meat / Meat Alternate																						
Lunch	* Main Dish	CN PF HM	Beef Patty in gravy		CN PF HM	Chicken Alfredo		CN PF HM	Chicken Stir Fry		CN PF HM	Mac and Cheese		CN PF HM	Turkey Roll-up with Cheese							
	Fluid Milk	Milk				Milk				Milk				Milk								
	Vegetable	Mashed Potatoes				Green Beans				Broccoli, Onion, sugar snap peas				Broccoli, Steamed				Sweet Potato Fries				
	Fruit / Vegetable	Green Peas				Spinach, Cooked				Carrots				Corn				Mixed Vegetables				
	Grain	Whole wheat Roll				Whole Grain Pasta				Brown Rice				Whole Grain Elbow Noodles				Whole Wheat Tortilla				
	Meat / Meat Alternate	Beef				Chicken				Chicken				Cheddar Cheese				Turkey lunch meat, sliced				
	Additional Food									Dressing for cucumbers Teriyaki sauce								Mozzarella Cheese				
PM Snack	Choose 2 of These 5:		Bananas				Mixed fruits with fruit juice				Strawberries, sliced				Unsweetened Applesauce				Blueberries, Frozen			
	Fluid Milk		Graham Crackers				Whole Grain Cheezits				Sunbutter Sandwiches				Kix Cereal				Vanilla Yogurt			
	Vegetable																					
	Fruit																					
	Grain																					
Meat / Meat Alternate																						

* Key:	CN = Child Nutrition Label	PF = Product Formulation Statement	HM = Homemade (Include USDA recipe number, if applicable)	Water offered throughout the day
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